



**ramblers**  
at the heart of walking

# Sheffield Ramblers 2017



## About the Sheffield Ramblers



### OUR WALKS

We provide a variety of walks to meet levels of fitness, ability or desire, ranging from lengthy strenuous walks to the shorter easy walks in our "***Walking Out in Sheffield***" programme.

### WHEN WE WALK

Our **Sunday** and **Wednesday** walks are 10 to 14 miles (*moderate to strenuous*). **Tuesday** walks are 6 to 8 miles (*easy to moderate*). The ***Walking Out Programme*** - has **Thursday** and **Saturday** walks each month (*easy strolls of 3 to 6 miles*). We also organise several coach rambling events annually.

[www.sheffieldramblers.org](http://www.sheffieldramblers.org) Part of the Ramblers - [www.ramblers.org.uk](http://www.ramblers.org.uk)  
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# Dates for your Diary for 2017

## Coach Rambles

**Sunday, April 2nd** - destination yet to be decided.

**Sunday, May 7th** - Yorkshire Coast

**Sunday, October** - Yorkshire Dales

*Full details of walks and booking will be publicised nearer the dates.*

## Christmas Meals

**Wednesday 6th December** - walk and Christmas lunch

**Tuesday 12th December** - walk and Christmas lunch

**Sunday 17th December** - walk and Christmas dinner

*All venues, walks etc will be publicised around October.*

## Sheffield AGM

**Monday 13th November, 19.30 Quaker Meeting House S1 2EW**

# Sheffield Walking Festival

In September 2016 Sheffield held the first Walking Festival of what we hope will become a permanent feature in Sheffield's list of annual events. The festival took place over nine days and featured at least three walks every day. The walks varied from 2 to 3 miles along local valleys to 15 miles over Margery Hill, though most of the longer walks were around 10 to 12 miles. Members of our group led 10 of the 28 walks. A lot of the walks, particularly the shorter walks, had a theme and helped give people an insight into our amazing city and its history, wildlife and culture.

The festival was organized by the Sheffield Walking Forum and was supported by the Outdoor City which developed and hosted the website and produced the leaflet for the festival. We were very aware this first year that the publicity was out too late so, hopefully, next year we will get it out much earlier and be able to attract more visitors to the city. This will also give local people the chance to stay at home and join in rather than book a holiday away!

418 people took part in 28 walks averaging around 15 per walk. The feedback from the walkers has been excellent with many of them asking that it becomes an annual event. Proposed dates for 2017 are 9th-17th September so pencil them in your diary and come along and join us.

# Notes for Walkers

Each walk in the programme is given a level to help members choose a suitable walk. If you need more information simply contact the walk leader or the Rambles Committee.

**Easy** – Walks for anyone who does not have a mobility difficulty or a specific health problem or is seriously unfit. Wear comfortable shoes or trainers.

**Intermediate** – Walks for reasonably fit people with at least a little country walking experience. Mainly on rural (possibly hilly) paths. Walking boots and warm, waterproof clothing are recommended.

**Moderate** – Walks for people with country walking experience and a good level of fitness. Likely to include rough paths with steep climbs and descents and may be at a brisk pace. Walking boots and warm, waterproof clothing are essential.

**Strenuous** – Challenging walks for experienced country walkers with an above average fitness level. Will include steep hills and rough country, and may be at a brisk pace. Walking boots and warm, waterproof clothing are essential. People in doubt about their fitness are advised to contact the organiser or leader in advance.

**The mileage** is given separately and is not a part of the walk grading, which is only concerned with the terrain and pace. You could have a 10 mile intermediate or an 8 mile strenuous.

**Important** - Remember these grades are a guide only and a longer walk will seem harder as will a walk on rough paths or in bad weather. If you're unsure of your fitness level, try a short and easy walk first: it's much better to find a walk a little too slow and easy than to make yourself miserable and exhausted.

## Other points to note:

Bring a packed lunch, snacks and drinks. Always make sure you are equipped for bad conditions. Even on a good day you may need warm and waterproof clothing – or sun cream and a sun hat in the summer.

If you have a medical condition, or any concerns about the suitability of the walk please contact the walk leader or the Rambles Committee beforehand or at the start of the walk.

In general please do not walk in front of the leader or, if you do get ahead, make sure you wait at any path junction. If you wish to leave the walk at any time please inform the leader.

Please check before bringing dogs on a walk as most access land is barred to dogs.  
**Where dogs are allowed they must be kept on a short lead at all times**

## Joining the Walks

Buses depart from Sheffield Transport Interchange, unless otherwise stated, and trains from Sheffield Midland Station. Trams leave from the stop given. **Check all departure times beforehand.**

South Yorkshire – **01709 515151** or **[www.travelsouthyorkshire.com](http://www.travelsouthyorkshire.com)**

Derbyshire – **01298 23098** or **[www.derbyshire.gov.uk](http://www.derbyshire.gov.uk)** (follow links to transport)

Rail Enquiries Bureau – **08457 484950** or **[www.nationalrail.co.uk](http://www.nationalrail.co.uk)**

The best way to keep up with any changes to transport, or to the walk, is to join our Updates email group and you will be notified about changes by email 10 days and 2 days before the walk. Sign up on our website on the 'Walks Changes' page.

**[www.sheffieldramblers.org](http://www.sheffieldramblers.org)**

If you are not on-line walks information is published in The Star on Saturday evenings in the Rambling section of the What's On page, in the Sheffield Telegraph on Thursdays in the Outdoors section WOW. These may not be quite as up to date as the information on-line.

***Non members should apply for membership after three walks (non members are not covered by the RA third party insurance).***

## Sheffield Group Contacts

**Chairperson: Terry Howard - [chair@sheffieldramblers.org](mailto:chair@sheffieldramblers.org)**

**Group Secretary: Val Coleman - [secretary@sheffieldramblers.org](mailto:secretary@sheffieldramblers.org)**

**Group Treasurer: Jackie Knight - [treasurer@sheffieldramblers.org](mailto:treasurer@sheffieldramblers.org)**

**Rambles Committee- [rambles@sheffieldramblers.org](mailto:rambles@sheffieldramblers.org)**

Jackie Dauris, Judy Gathercole, Dave Jefferies, Liz Savage, John Taylor, David Woodhead

**Membership: Malcolm Mackay - [membership@sheffieldramblers.org](mailto:membership@sheffieldramblers.org)**

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**Coach Rambles: Liz Savage - [coachrambles@sheffieldramblers.org](mailto:coachrambles@sheffieldramblers.org)**

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**Public Transport Representative: John Brightmore - [publictransport@sheffieldramblers.org](mailto:publictransport@sheffieldramblers.org)**