

Sheffield Group Contacts

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Notes for Walkers

Walks Definitions

Each walk in the programme is given a definition to help members choose a suitable walk. If any further information about a walk is required then members should contact the walk leader or the Rambles Committee.

Easy – Walks for anyone who does not have a mobility difficulty or a specific health problem or is seriously unfit. Comfortable shoes or trainers can be worn.

Intermediate – Walks for reasonably fit people with at least a little country walking experience. Mainly on unsurfaced rural paths and may involve some sustained ascents and descents. Walking boots and warm, waterproof clothing are recommended.

Moderate – Walks for people with country walking experience and a good level of fitness. Likely to include rough terrain with steep climbs and descents and may be at a brisk pace. Walking boots and warm, waterproof clothing are essential.

Strenuous – More challenging walks for experienced country walkers with an above average fitness level. Will include steep hills and rough country, and may be at a brisk pace. Walking boots and warm, waterproof clothing are essential. People in doubt about their fitness are advised to contact the organiser or leader in advance.

The mileage is given separately and is not a part of the walk grading, which is solely concerned with the terrain and pace. Thus you could have a 10 mile intermediate or an 8 mile strenuous.

Important. Remember these grades are a guide only and a longer walk will seem harder as will a walk on rough paths or in bad weather. If you're unsure of your fitness level, try a short and easy walk first: it's much better to find a walk a little too slow and easy than to make yourself miserable and exhausted.

Other points to note:

Bring a packed lunch, some snacks and sufficient drink (hot in winter).

Sheffield Ramblers 2017-18



Always make sure you are equipped for bad conditions. Even on a good day you need to bring along warm and waterproof clothing – or sun cream and a sun hat in the summer.

If you have a medical condition, or any concerns about the suitability of the walk please contact the walk leader or the Rambles Committee beforehand or at the start of the walk.

In general please do not walk in front of the leader or, if you do get ahead, make sure you wait at any path junction. If you wish to leave the walk at any time please inform the leader.

Please check before bringing dogs on a walk as most access land is barred to dogs. **Where dogs are allowed they must be kept on a short lead at all times.**

Joining the Walks

Buses depart from Sheffield Transport Interchange, unless otherwise stated, and trains from Sheffield Midland Station. Trams leave from the stop given. **Check all departure times beforehand.**

South Yorkshire – 01709 515151 or www.travelsouthyorkshire.com

Derbyshire – 01298 23098 or www.derbyshire.gov.uk (follow links to transport)

Rail Enquiries Bureau – 08457 484950 or www.nationalrail.co.uk

The best way to keep up with any changes to transport, or to the walk, is to join our Updates email group and you will be notified about changes by email 10 days and 2 days before the walk. Sign up on our website on the 'Walks Programme' page.

www.sheffieldramblers.org

If you are not on-line walks information is published in the Star on Saturday in the Rambling section of What's On and in the Sheffield Telegraph on Thursdays in the Outdoors section of WOW. These may not be quite as up to date as the information on-line due to print deadlines

Non-members should apply for membership after three walks (non-members are not covered by the RA third party insurance).

Some dates for your diary

Sheffield Group AGM : 19:30 12th November 2018
Quaker Meeting House, St James St, Sheffield

SYNED Area AGM : 14:00 27th January 2018
United Reform Church, Wickersley Road, Rotherham

Coach Rambles 2018

Sun 8th April : Yorkshire Saltburn
Sun 13th May : Yorkshire Wolds
Tue 19th June : Dovedale
Sun 30th Sept : Clwydian Hills



Xmas meals 2017

Wed 6th Dec
Tues 12th Dec
Sun 17th Dec



Sheffield Walking Festival – 2017

Over 500 people took part in the festival in September and once again several members of our group led walks for it. Unfortunately, the first few days were not blessed with the best of weather and quite a few people who had booked did not turn up for their walks but the number of ‘no-shows’ lessened as the weather improved!

Those that did turn out seemed to enjoy themselves and it’s very gratifying to take some people walking for their first walk and see them being surprised by how much they are enjoying it.

I led one walk of 16 miles and at least 7 of the walkers had not really walked before. One took a shortcut towards the end but the others were all determined to finish and very proud of themselves. One group of four friends had come together, one of whom had Chrohn’s disease, so they were using the walk as a sponsored walk for the society. They thoroughly enjoyed themselves and not only finished the walk but got extra sponsorship from other walkers!

We do walks of all lengths during the festival but we would love to add to the number and variety of walks. Some walks have a ‘theme’ and are linked to a particular interest while others are simply to enjoy a walk in Sheffield’s wonderful countryside. If anyone feels they would like to think about leading a walk for the festival next year please let me know. It would be great to have more members involved.

Judy Gathercole

To find out about our walks visit our web site
www.sheffieldramblers.org, see the Telegraph (Thursday)
or Star (Saturday) or contact the Rambles Committee
(see the Sheffield Group Contacts).

About the Sheffield Ramblers Group

The Sheffield Group of the Ramblers have an active programme of walks throughout the year. We walk on Wednesdays and Sundays when we generally do between 10 and 14 miles at a medium pace, though some walks may be faster, especially on Sundays. On Tuesdays we do walks between 6 and 8 miles at a slower pace. There are also occasional shorter walks, usually on Thursdays or Saturdays, of no more than 5 miles which are ideal for new walkers or those wanting to move on from Health Walks. These are shown on our website along with the main walking programme

The group does a lot of campaigning work on footpaths and other countryside issues and also has a practical group – Fixit – who work with the Council to help keep local paths in good condition.

We have a few social occasions each year, such as Christmas meals, and some coach rambles taking us farther afield but anyone who joins the group will soon find opportunity to be involved with informal social events, too.

Seventeen years a “Chair” (or Chairman)

Seventeen years as Chairman of Sheffield Group of the Ramblers, perhaps the longest serving Chair in the history of the Group. I’m not looking for accolades because it has been a pleasure and an honour to have served the Group throughout this time. I am particularly pleased to learn that I have followed in the footsteps of several of the most respected Ramblers of the past including GHB Ward. Throughout my time all the Group Executive Committee members have been a privilege to have worked with, great teamwork.

I came to the Ramblers through my involvement with the Woodcraft Folk and Sheffield Campaign for Access to Moorland (SCAM). I have always been passionate about the “Right to Roam” over all our moorlands and the protection and enhancement of our public rights of way network. As an access campaigner and secretary of SCAM for many years then access secretary with the Ramblers I found myself representing these organisations in many meetings, consultations, corresponding, lobbying and so on. This in turn led to various forms of publicity, radio, press, and occasionally television to further the cause of access to our countryside. This has carried on to the extent that I have been representing the views of Ramblers and “access” on the Peak District Local Access Forum, Sheffield Access Forum, of which I am its Chairman. I am also Chairman of the Kinder and High Peak Advisory Committee which has been in existence since 1982 when the National Trust bought Kinder and following in the footsteps of Benny Rothman, its first Chairman, the leader of the 1932 Kinder Mass Trespass. I maintain involvement with the Sheffield Moors Partnership, the Eastern Moors Advisory Group and Sheffield Walking Forum.

I have always believed the Ramblers are the “best placed” organisation to encourage walking for all and the protection of walker’s rights in the countryside. Our Group has always been “upfront” on these matters and have been involved in various schemes to introduce people to walking, not just for their health but all the other things that make walking so enjoyable. Our programme of walks has reflected this from short walks to longer walks on several days per week. We have lost our former image of “heads down and away” with our range of walks offering more themed and titled walks which our members certainly enjoy.

In our changing world, and in some cases challenging, we have had to adapt none more so than in how we communicate with members. This we have done. We have three Ramblers Groups in Sheffield representing various age ranges. Realistically members won’t move up to other Groups so we must recognise this and work closer together, which we are doing.

As I retire as Chairman of the Group I am not leaving all those things I have worked for, I will carry on and continue to contribute. What is important in the age of “short termism” is continuity, I believe this to be vital and will continue to help bring about those things I believe in – Access – Rights of Way and Walking for All.